

**Philippine American Community Center of Michigan  
Health and Wellness Fair  
May 21, 2011**

菲律賓美國人社區活動中心 (PACCM) 舉辦免費健康檢查

Name 名字: \_\_\_\_\_

Date of Birth 生日: \_\_\_\_\_ Tel#: \_\_\_\_\_

Address 地址: \_\_\_\_\_

**Results**

Screening Tests/檢查項目結果：	正常 Normal	不正常 Abnormal	建议 Comments
<input type="checkbox"/> Blood Pressure/血壓	_____	_____	_____
<input type="checkbox"/> Hemoglobin/血红蛋白	_____	_____	_____
<input type="checkbox"/> Blood Sugar /血糖	_____	_____	_____
<input type="checkbox"/> Cholesterol (12 hour fasting) 胆固醇(12 小时空腹)	_____	_____	_____
<input type="checkbox"/> Carotid Doppler (55 yrs and up) 颈动脉拴塞超声波筛检 (55 岁和以上)	_____	_____	_____
<input type="checkbox"/> Glaucoma Screening (50 yrs and up) 视力检查 (青光眼) (50 岁和以上)	_____	_____	_____
<input type="checkbox"/> Urinalysis/尿液检查	_____	_____	_____
<input type="checkbox"/> Bone Density (50 yrs and up) 骨密度(50 岁和以上)	_____	_____	_____
<input type="checkbox"/> EKG (40 yrs and up) 心电图, (40 岁和以上)	_____	_____	_____
<input type="checkbox"/> Skin Cancer/皮肤癌筛检	_____	_____	_____
<input type="checkbox"/> Breast Exam/自我乳房检查	_____	_____	_____
<input type="checkbox"/> Dental Screening/口腔、齒科检查	_____	_____	_____
<input type="checkbox"/> Physical Therapy/物理治疗	_____	_____	_____
<input type="checkbox"/> Massage Therapy/按摩疗法	_____	_____	_____
<input type="checkbox"/> Chiropractic Evaluation/正骨	_____	_____	_____
<input type="checkbox"/> Echocardiogram (15 - 18 years accompanied by parent or guardian) / 超音波 心動圖 (15-18 歲參加者, 須家長 或監護人陪同)	_____	_____	_____

✓ Check tests desired and return this form to PACCM, 17356 Northland Park Ct., Southfield, MI 48075 or fax to (248) 443-7087



# 2011 HEALTH & WELLNESS FAIR

PROMOTING HEALTH MAINTENANCE AND PREVENTION OF DISEASES  
"AGES 18 YEARS OLD AND ABOVE ONLY"

A COMMUNITY SERVICE SPONSORED BY

## PHILIPPINE AMERICAN COMMUNITY CENTER OF MICHIGAN (PACCM)

**DMC**  
Huron Valley-Sinai  
Hospital

IN PARTNERSHIP WITH

**DMC**  
Sinai-Grace  
Hospital

### PEDIATRIC CONSULTANTS OF TROY

AND OTHER ALLIED HEALTH PROVIDERS  
FEATURING FREE HEALTH EDUCATION AND HEALTH SCREENING SERVICES

**MAY 21, 2011 FROM 9:00 AM TO 1:00 PM**  
(REGISTRATION BEGINS AT 8:00 AM)

PHILIPPINE AMERICAN COMMUNITY CENTER OF MICHIGAN (PACCM)  
17356 NORTHLAND PARK COURT, SOUTHFIELD, MI 48075  
PHONE: (248) 443-7037 FAX: (248) 443-7087

"ASK THE DOCTOR" SESSIONS (ONGOING) WILL BE PROVIDED

#### HEALTH SCREENING / TEST PROCEDURES OFFERED \*

✓ Cholesterol-12 Hrs Fasting	✓ Echocardiogram**	✓ Self-Breast Exam Education
✓ Hemoglobin (Anemia)	✓ Glaucoma	✓ Dental Screening
✓ Diabetes Screening	✓ Skin Cancer Screening	✓ Physical Therapy Screening
✓ Dipstick Urinalysis	✓ Chiropractic Screening	✓ Carotid Doppler
✓ Blood Pressure	✓ Bone Density	
✓ EKG	✓ Massage Therapy	

\*\* 15 – 18 YEARS OLD – MUST BE ACCOMPANIED BY PARENTS

FOR FURTHER INFORMATION VISIT: [WWW.PACCM.ORG](http://WWW.PACCM.ORG)

OR CALL

TERESA DULLER, EVENT CO-CHAIRPERSON – (248) 649-7443 [TREXDULLER@YAHOO.COM](mailto:TREXDULLER@YAHOO.COM)

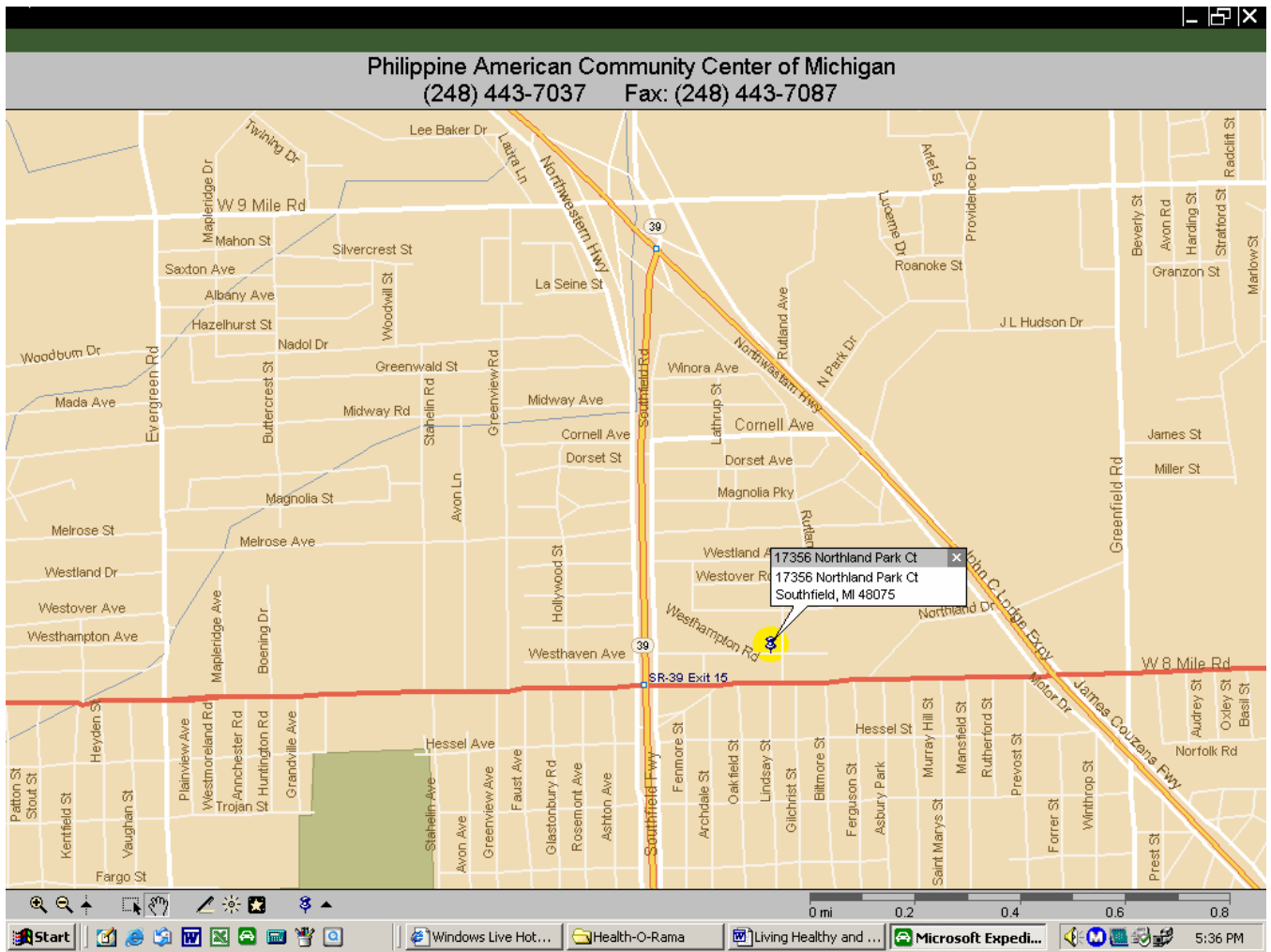
ROWENA TEODORO, EVENT CO-CHAIRPERSON – (586) 303-5294 [WENG.TEODORO@GMAIL.COM](mailto:WENG.TEODORO@GMAIL.COM)

ERNE MAC, MD, PACCM CHAIRPERSON – (248) 641-8993 [DR.MAC@COMCAST.NET](mailto:DR.MAC@COMCAST.NET)

FRED PORTE, PACCM EXECUTIVE COORDINATOR – (248) 443-7037 [FRED.N.PORTE@GMAIL.COM](mailto:FRED.N.PORTE@GMAIL.COM)

TESS TCHOU, PRE-REGISTRATION COORDINATOR – (313) 533-3085 [RAYTESSTCHOU@SBCGLOBAL.NET](mailto:RAYTESSTCHOU@SBCGLOBAL.NET)

\* Screening Supplies limited, Pre-registration recommended – Complete attached form or visit  
[www.paccm.org](http://www.paccm.org)



**Directions to Philippine American Community Center of Michigan (PACCM):**

**From the East:** Take 8 Mile Road west past John Lodge Freeway. Just before Southfield Road, turn right on Rutland Road and make a left on Northland Park Court. If you miss Rutland Road, you may turn right to Lathrup Road or Southfield Service Drive and turn right to Northland Park Court straight ahead to 17356 about 5 buildings from the left corner.

**From the West:** Take I-696 Freeway east and exit to Southfield Road south. Exit on 8 Mile Road and make a left turn just before 8 Mile Road on the service drive. About fifty yards, turn right on Northland Park Court, straight ahead to 17356 about 5 buildings from the left corner.

**From the North:** Take Southfield Road going south and exit 8 Mile Road and make a left turn just before 8 Mile Road on the service drive. About fifty yards, turn right on Northland Park Court, straight ahead to 17356 about 5 buildings from the left corner.

**From the South:** Take Southfield Freeway going north and exit 8 Mile Road. Using the service drive, cross 8 Mile Road and turn right on Northland Park Court, straight ahead to 17356 about 5 buildings from the left corner.